

choose your BALL, SAUCE, CARB and GREENS - then we'll do the rest

BALL

■ **beef** a spicy, classic Italian meatball, made in house with steak mince
g_f

■ **falafel** deep-fried chickpea ball packed with coriander and paprika
v_g
g_f

■ **chicken** lightly-spiced breast bites in golden, panko breadcrumbs

■ **not-meat** 100% plant-based mince seasoned with chilli and garlic
v_g

SAUCE

■ **thai green** mild curry sauce with a fragrant coconut base
g_f

■ **arrabiata** tomato sauce with garlic, chilli, basil, oregano and balsamic
v_g
g_f

■ **raita** cucumber and mint soy yoghurt with a dash of curry powder
v_g
g_f

■ **sweet n sour** chinese-inspired flavours in a sticky sauce
v_g
g_f

CARB

■ **pitta** two toasted Mediterranean flat-breads, perfect for dipping
v_g

■ **fries** thin-cut salt-and-pepper chips, crispy outside and light inside
v_g
g_f

■ **pasta** giant fusilli, served al-dente and dressed with fresh herbs
v_g

■ **cauliflower rice** blitzed and dressed with lime juice and coriander
v_g
g_f

GREENS

■ **mixed-leaf** rocket and spring leaves with pomegranate vinaigrette
v_g
g_f

■ **broccoli** blanched, salted and oven-roasted tenderstem tips
v_g
g_f

■ **slaw** shredded carrot and red cabbage in a punchy asian dressing
v_g
g_f

■ **edamame bean medley** with green beans, peas and butter beans
v_g
g_f

ANY STYLE

ANY COMBO

12-9PM

£8

or a smaller lunchtime portion

12-3PM

£5